

Two surf lifesavers are seen from behind, standing on a sandy beach. They are wearing bright yellow long-sleeved shirts with "SURF RESCUE" and the "DHL" logo on the back, and red shorts. They are also wearing red caps with a yellow and white checkered band. The ocean is in the background with some people swimming. The text "YIPS HANDBOOK" is overlaid in large, white, outlined letters across the middle of the image.

# YIPS HANDBOOK

You're guide to everything YIPS-related at Inverloch!



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# Program Overview

The Youth Involvement Program (YIPs) is a program designed by LSV with the aim of keeping young people engaged in all aspects of surf lifesaving.

The program consists of 3 levels;

- Bronze
- Silver
- Gold

With each level having a set number of patrol hours and points that participants must obtain, across a wide range of categories (see page 5).

To receive their Gold YIPs, participants must also complete a community project that services the Inverloch or broader surf life saving community (see page 7).

Participants are rewarded at the completion of each level to recognise their efforts and contribution to the club.

# Awards Summary

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- 150 POINTS
- Points across 3 YIP Areas
- 16 hrs Patrol



- 250 POINTS
- Points across 4 YIP Areas
- 20 hrs Patrol



- 400 POINTS
- Points across 5 YIP Areas
- 30 hrs Patrol
- Community Project

\*Points and patrol hours reset at the completion of each level \*

# HOW CAN I EARN POINTS??



Points can be gained across a variety of different areas, with each YIPs level requiring a certain number of categories to be filled for completion of the level. Specific information about each category, and how many points different activities are worth can be found in your YIPs logbook.

Pretty much anything you do around the club can go towards your YIPs in some way, and the YIPs coordinators are able to use their discretion when awarding points. If you are unsure which category something fits under, or how many points it is worth, reach out to your YIPs coordinators (see page 8 for contact details)!

The table on the next page highlights some of the Inverloch-specific opportunities that fall under each of the YIPs categories.

# CATEGORIES & EXAMPLES



## LIFESAVING

- Patrols (rostered and voluntary)
- Assisting with rescues and first aids whilst on patrol

## DEVELOPMENT

- Gaining new awards (e.g., bronze, IRBC, ARTC, First Aid)
- Completing requal of awards each season

## COMPETITION

- Competition training sessions
- Club championships
- LSV Carnivals
- Water safety for nippers carnivals

## ADMINISTRATION

- Contributing to the Junior Newsletter
- Take on a club position
- Attend the Youth Forum

# CATEGORIES & EXAMPLES

## (CONT.)



### JUNIOR ACTIVITIES

- Water safety during nippers
- Organise a junior social event
- Assisting junior club captains and YIPs coordinators with organising events

### YOUTH ACTIVITIES

- Attend the Youth Forum
- Become a Grommet Gurus mentor
- Attend development camps

### CLUB ACTIVITIES

- Attend club functions (e.g., presentation night, rookie night, 25<sup>th</sup> birthday celebration)
- Fundraising (e.g., NYE tin rattle)
- Cleaning around the club

*Note: Activities listed on the last 2 slides are only some of the options on offer at Inverloch. Your YIPs logbook provides a more extensive list of different activities that fall under each category.*

# GOLD COMMUNITY PROJECT



In addition to gaining the required points, YIPs participants must also undertake a community project to gain their Gold YIPs. The project is chosen by the participants, with assistance from the YIPs coordinators, and can be anything that benefits the Inverloch or broader surf lifesaving community.

Some examples of past Gold YIPs projects at Inverloch including establishing the nippers tie dye day, the Grommet Gurus program and starting the patroller handbook and junior newsletter.

If you are up to your Gold YIPs and reach out and need help brainstorming ideas for your project, don't hesitate to reach out to your YIPs coordinators!



# KEY CONTACTS & SIGNING UP



## YIPS COORDINATORS

The YIPs coordinators for the 2023/2024 season are Zoe Cross and Jackson Comrie. You can contact the YIPs coordinators via email: [yips@islsc.org.au](mailto:yips@islsc.org.au)

### YIPS FACEBOOK PAGE

[https://www.facebook.com/groups/1738428743006764/?ref=share\\_group\\_link](https://www.facebook.com/groups/1738428743006764/?ref=share_group_link)



### REGISTER FOR YIPS!

<https://islsc.org.au/lifesaving/education/yips/yips-registration-form/>

