



YOUTH INVOLVEMENT PROGRAM (YIPS) HANDBOOK – SEASON 2024/25

Program Overview

The Youth Involvement Program (YIPs) is a program designed by LSV with the aim of keeping young people engaged in all aspects of surf lifesaving.

The program consists of 3 levels; Bronze, Silver and Gold.

Each YIPs level has a set number of patrol hours and points that participants must obtain in order to complete the level. Points can be obtained over a range of categories and activities.

To receive their Gold YIPs, participants must also complete a community project that services either the Inverloch or broader surf lifesaving community

Participants are rewarded at the completion of each level to recognise their efforts and contribution to the club.

Award Summary

BRONZE	SILVER	GOLD
<ul style="list-style-type: none">• 150 Points• Points across 3 YIPs Areas• 16 Patrol Hours	<ul style="list-style-type: none">• 250 Points• Points across 4 YIPs areas• 20 patrol hours	<ul style="list-style-type: none">• 400 points• Points across 5 YIPs areas• 30 Patrol Hours• Community Project

Earning Points

Points can be gained across a variety of different areas, with each YIPs level requiring a certain number of categories to be fulfilled for completion of the level.

Pretty much anything you do around the club can go towards your YIPs in some way, and the YIPs coordinators are able to use their discretion when awarding points, meaning you have full flexibility with how you choose to complete the program. If you are unsure which category something fits under, or how many points it is worth, reach out to your YIPs coordinator!

YIPS Categories

The below table outlines the main categories that make up the YIPs program. These categories are designed to encompass all opportunities available through surf lifesaving. This is not an exhaustive list of all the activities that count towards the program – you can count anything you do around the club to the relevant category!

A comprehensive points guide and tracking system will be sent to all YIPs participants at the beginning of each system. This will help you better understand the process for logging points and having points approved, as well as the number of points different activities are worth. This guide is also available on the YIPs page of the Inverloch website which can be accessed [here – insert website link].

YIPs Category	Activity Examples
Lifesaving	<ul style="list-style-type: none"> • Patrols (rostered and voluntary) • Assisting with rescues and first aid whilst on patrol • Being part of your patrol's PLT
Development	<ul style="list-style-type: none"> • Gaining new awards (e.g., SRC, Bronze, ARTC, First Aid) • Completing requals of award each season • Inverloch Skills Surge Weekend • ILSAR Camp
Competition	<ul style="list-style-type: none"> • Competition team training sessions • Club championships • LSV Carnivals (e.g., IRB, Beach, Pool) • Watersafety for nippers carnivals
Administration	<ul style="list-style-type: none"> • Contributing to the Junior Newsletter • Taking on a club position • Attending the Youth Forum
Junior Activities	<ul style="list-style-type: none"> • Water safety during nippers • Organise a junior social event • Assisting junior club captains and YIPs coordinators with organising/running events
Youth Activities	<ul style="list-style-type: none"> • Attend the Youth Forum • Become a Grommet Gurus mentor • Attend development camps
Club Activities	<ul style="list-style-type: none"> • Attend club functions (e.g., presentation night) • Fundraising (e.g., NYE Tin Rattle) • Cleaning around the club

Gold YIPs Community Project

In addition to gaining the required points, YIPs participants must also undertake a community project to gain their Gold YIPs. The project is chosen by the participants, with assistance from the YIPs coordinators, and can be anything that benefits the Inverloch or broader surf lifesaving community.



Some examples of past Gold YIPs projects at Inverloch including establishing the nippers tie dye day, the Grommet Gurus program and starting the patroller handbook and junior newsletter.

If you are up to your Gold YIPs and reach out and need help brainstorming ideas for your project, don't hesitate to reach out to the YIPs coordinator!

Key Contacts

The YIPs Coordinator for the 2024/25 season is Zoe Cross.

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- Email: yips@islsc.org.au

YIPs Email – yips@islsc.org.au

Registration Form - <https://islsc.org.au/lifesaving/education/yips/yips-registration-form/>